



# T. N. Rao School For Girls

School code: 10237

CBSE Affiliation No: 430257

## ABHIVYAKTI

September, 2022 Newsletter - 04



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### *Resp. Parents*

*Recently there was a video circulating on social media where a young boy of 15 years damaged almost all the property of his house just because her mother took away the mobile from him. This news was one off but heart wrenching.*

*The mobile has become an instrument to keep our children busy, so they do not harass their parents when they are young which leads to mobile addiction as they grow up. In many families all members are so busy with their mobiles that they do not even get time to have a decent conversation be it in their living room, restaurant or even during vacations.*

*As parents we wish to give our children the best but often are confused as to what constitutes love and care. We often equate showering material possessions on our children, giving them all the comforts in life as true love. On the contrary we are ensuring that children learn to believe that anything that they want in life can be had on demand without putting in any effort and that this is their right.*

*Children need time from their parents. A time with the child as a friend that will help develop a healthy relationship which in turn will help the child blossom, and not as a boss who keeps giving advice. Find time to play with your children, talking to them or just spending time with them doing all kinds of chores at home. Set up a family time every evening where all of the members can cherish every moment in each other's company just talking or playing while keeping all gadgets away.*

*We need not enforce our ideas upon or children, as they will lose their sense of independence, and this could result in rebelliousness later on. We just have to protect them from the wrong influences, the rest let them free. Let them make their own decisions for their life. They will enjoy the fruits of all the right decisions and learn from all the wrong decisions that they make for themselves.*

*Respect your children, their life and all their decisions and cherish them the way they are and do not expect them to be what they cannot be. Enjoy your child's company.*

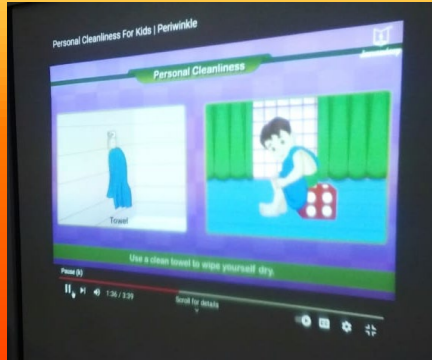
*Mr. Ashwin Patel  
Education Advisor*

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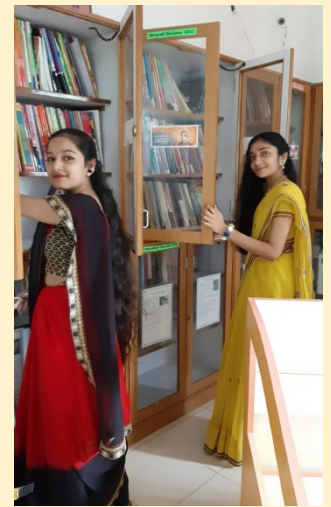
# Swachhagrah Celebration

Recognizing the vital role of the schools in spreading the Swachhta awareness and implementation across the country, the students of Std. 1 to 10 of TNRSG participated in Swachhata Pakhwada, all the students of the school were engaged in different activities.



# *Teachers' Day Celebration*

This year on Teachers' Day, children of class10 had a brief but warm celebration for their teachers. Teachers' Day was filled with exciting and heart warming presentations from the students. The children showed their affection, regard, and respect for their teachers. They presented speech, made beautiful cards, offered chocolates and flowers to express their feelings. Everything was organized by the children with lots of excitement, joy and fun. Students of class 6 to 10 had a great learning experience of teaching by taking classes from Pre-primary to Std.5.

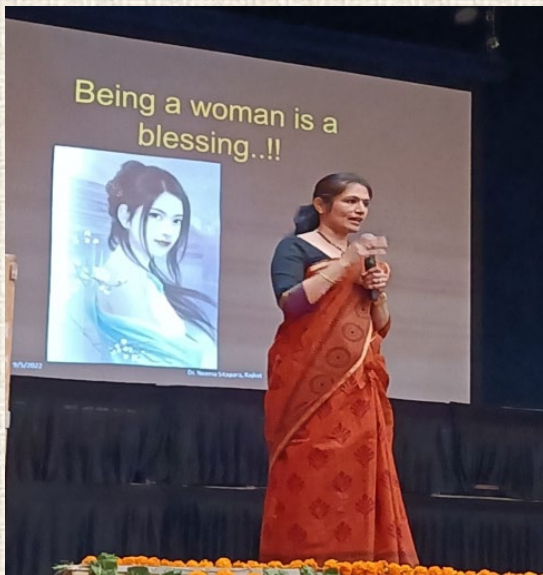


# Teachers' Day Celebration



# Workshop by Dr.Nima Sitapara

A seminar was conducted on 'Healthy mind Healthy body' for the mothers and daughters of Std.5 to 10 by Dr. Nima Sitapara, a leading Pediatrician and Adolescent Specialist at Pramukh Swami Auditorium on 5th September 22.

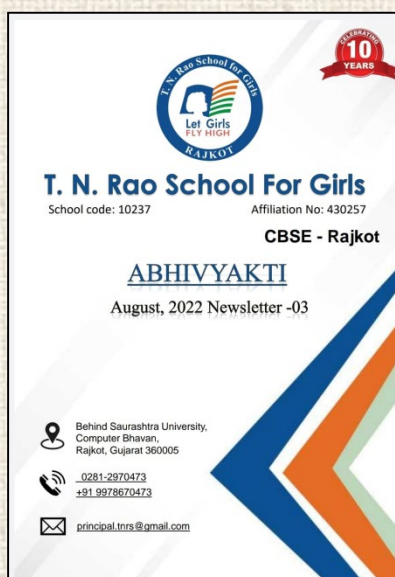
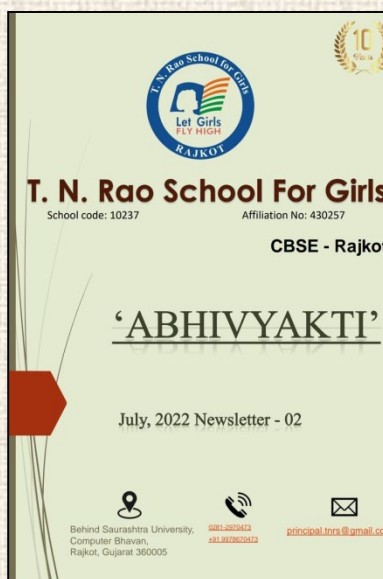


# E-Newsletter

It is with great pleasure , that we present the TNRSG E-News letter ‘**ABHIVYAKTI**’. All activities scheduled for the year were conducted with the same conviction as they were planned with, only their format was changed for the better. In this new era of digitalization, our School launches the first edition of E-newsletter which chronicles the glimpses of the activities and achievement of our dear students.

We are glad to introduce our very first edition of ‘Abhivyati” on 5.09.22, the auspicious day of the birth anniversary of Dr RadhaKrishan Sarvapalli.



We have released three editions of ‘Abhivyakti’ and this is the fourth edition. Now onwards “Abhivyakti will be released on 12<sup>th</sup> date of every month. I invite you all to take a virtual peep into ‘ Abhivyakti a remarkable show of skill’.





# *Kala Mahakumbha 2022-23*

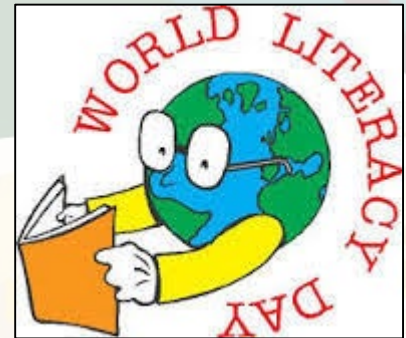
Our students participated in Kala Mahakumbha and brought laurels to school in various events held at zone and city level. Our students qualified for the district level participation too.

 <u>Congratulations!</u> 					
List of Winners at City Level					
Sr. No.	Name of Student	Std	Event / Competition	Date of Event	Remarks
1	Kavya Joshi	9A	Sugam Sangeet	8/9/2022	3rd Rank
2	Nidhi Zala	8A	Samuhgeet	8/9/2022	1st Rank
3	Pushti Vyas	7A	Samuhgeet	8/9/2022	1st Rank
4	Sakshi Dhameliya	7B	Samuhgeet	8/9/2022	1st Rank
5	Roshni Janala	6A	Samuhgeet	8/9/2022	1st Rank
6	Prachi Kotadiya	6A	Samuhgeet	8/9/2022	1st Rank
7	Mahi Acharya	6A	Samuhgeet	8/9/2022	1st Rank
8	Yesha Patel	6A	Samuhgeet	8/9/2022	1st Rank
9	Tanisi Trivedi	6B	Samuhgeet	8/9/2022	1st Rank
10	Purnima Rola	3C	Bharatnatyam	7/9/2022	2nd Rank

# World Literacy Day Celebration

*Education is the most powerful weapon which you can use to change the world.”*

To spread the message about the importance of literacy among the little learners, TNRSG celebrated this day on 8th September by sharing the importance of the day in assembly.



## Hindi Divas Celebration

HINDI DIWAS is celebrated on 14<sup>th</sup> September with great pride and vigour . Hindi is the official language of our nation. To mark the importance of country's most widely spoken official language, TNRSG celebrated Hindi Divas by conducting special assembly in seminar hall. Students presented speech ,recited poetry and performed a skit on Hindi Divas. Teachers emphasized the importance and rich heritage of Hindi language and its contribution to the field of literature.



# *Grand Parents' Day Celebration*

To honour the unconditional love of Grand Parents, TNRSG celebrated Grand parents day on 12th September 2022. The students extended a warm welcome, they worshipped and paid honour by doing puja of their Grand parents. The day was celebrated with activities and various games. It was a memorable day for the grandparents to cherish for a long time.



# Grand Parents' Day Celebration



# Grand Parents' Day Celebration



# *TERM -1 Examination*

Students of Std. 6 to 10 appeared for Term -1 Summative examination which was conducted from 17<sup>th</sup> Sep 22 to 23<sup>rd</sup> Sep 22.



## *World Daughter's Day Celebration*

Daughters are parents' best friend for life. This incredible gift of God is celebrated every fourth Sunday of September as 'Daughter's Day'.

TNRSG proudly celebrated this day providing special attention to every daughter. A special assembly was conducted by the students of Std. 5 communicating the importance of daughters in a family.



# Participation at 'All India Radio'

All India Radio India's Public Service Broadcaster, the Radio vertical of Prasar Bharati has been serving to inform, educate and entertain its audiences since its inception, living up to its motto – 'Bahujan Hitaya, Bahujan Sukhaya'.

Daughters of TNRSG grabbed the opportunity to be the part of this motto by presenting themselves on the occasion of Hindi Divas. Students presented speech, poem, story telling with great zeal and enthusiasm.



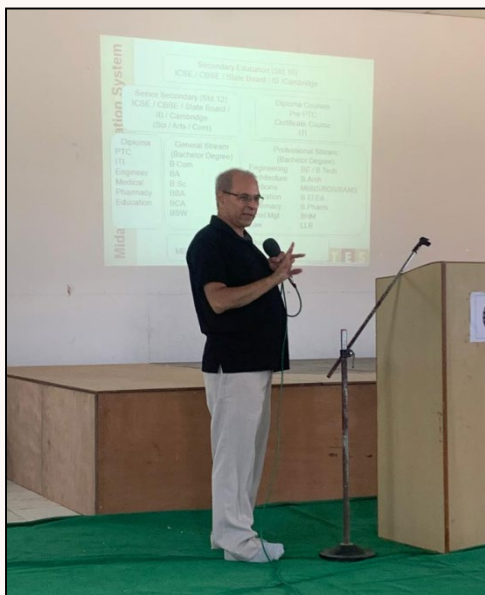
# Parenting Workshop

TNRSG conducted a Parenting Workshop on the topic 'Helping my child make an adequate progress' for pre-primary section parents, by our Education Advisor Mr. Ashwin Patel on 21st September 22.



# Career Counseling and Guidance Workshop

A Career Counseling Workshop was held for students and parents of class 9 and 10 on 28th September 22 by our education advisor Mr. Ashwin Patel. Students were made aware of the different options in profession and courses they could pursue based on the subject choices they would make.





# RAASOTSAV CELEBRATION

सर्वमंगल मांगल्ये शिवे सर्वार्थ साधिके।  
शरण्ये त्र्यंबके गौरी नारायणि नमोऽस्तुते।।



Raasotsav  
2022-23



# *Raasotsav Celebration*

The students of TNRSG celebrated vibrant Navaratri to invoke the blessings of Nav Durga.

Mr. G R Meena ,Principal of Kendriya Vidhyalaya graced the occasion by attending the Raasotsav of Std.6 to 10 in the evening .He felicitated the gathering by his speech.

## *Pre-primary Section*



# *Raasotsav Celebration*

## *Pre-primary Section*



# *Raasotsav Celebration*



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# *Raasotsav Celebration*



# Subject Enrichment Activities

## Play House

TNRSG playhouse offers a wide range of activities that provides for the all-round development of students' personality through many avenues. Activities such as Dressing the frame, Matching animals with their young ones, Story telling, drawing and colouring triangle etc.



## Lower KG

### Paper Boat Activity





# Subject Enrichment Activities

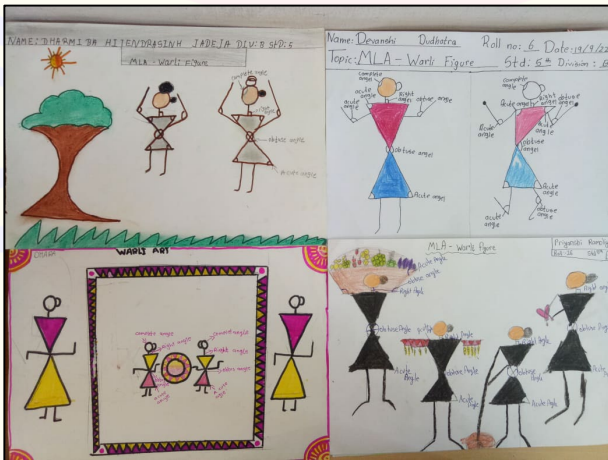
## Gujarati

Students of Std. 4 creating story on their own in groups.



## Math lab activity

Students of Std. 5 learning Angles with Worli Art.



# Subject Enrichment Activities

## Science

Students of Std 7 understands the concept of Dispersion of light with the help of prism. White light is composed of seven colours.



## English

Students of Std 7 prepared their recipe book as a project in English to understand the proper form of a recipe and wrote their recipes in the correct order, with measurements, ingredients and specific instructions.



# Subject Enrichment Activities

## Life skill

Students of Std 8, 9 and 10 were taught to manage exam stress, educate them in various ways with which they can deal the stress and most importantly, be at ease and confident for the examination.



## Value education

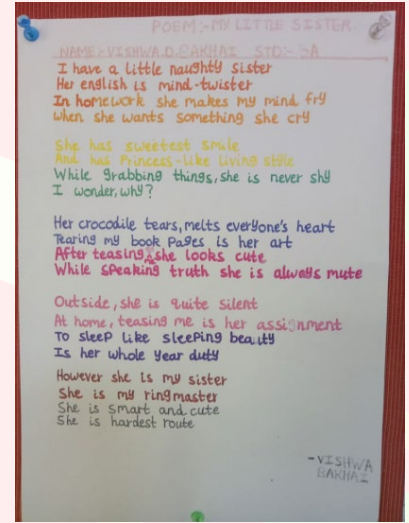
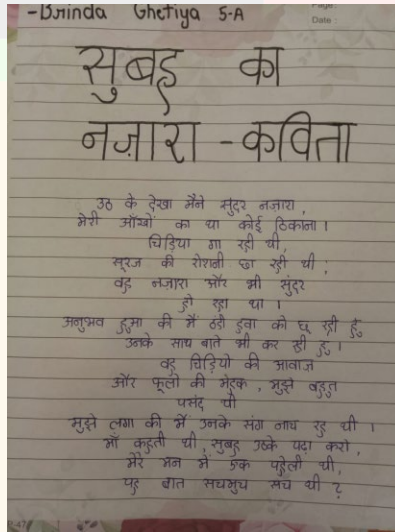
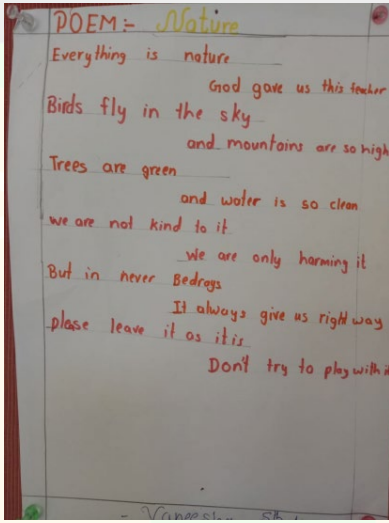
In value education and Awakened Citizen Programme students learn to analyze, explore, real life situations and understand to find out life long learning from each situation.



# Subject Enrichment Activities

## Poetry Corner

Students of Std.4 and 5 wrote poems to showcase their poetry skill.



## Poshan Maha Saptah

The aim of POSHAN Abhiyaan, celebrated annually in the month of September, is to address the challenge of malnutrition in a mission mode.

Students of Std.1 to10 were guided by teachers the importance of Balanced diet. It was taught through experiential learning method, through 'Make and Eat' activity in all standard.



***Dear TNRSG Families,***

***Limited seats available in certain classes!***

***Admissions open for the next Academic Session 2023-24 from Playhouse to Std. 8***

***For more inquiry:-***

➤ ***Login:- <https://tnrschool.org/forms/admission-inquiry>***

➤ ***Contact:- 9978670473/02812970473***

➤ ***Write:- principal.tnrs@gmail.com***

➤ ***View:- [www.tnrschool.org](http://www.tnrschool.org)***

➤ ***Visit:- Bh. Computer Bhavan, Nr. University Campus, Rajkot-5***

➤ ***Like N Share:-***

▪ ***Face book :- T N Rao school for girls***

▪ ***Instagram :- [https://instagram.com/tnrao\\_school\\_for\\_girls?igshid=NzNkNDdiOGI=](https://instagram.com/tnrao_school_for_girls?igshid=NzNkNDdiOGI=)***

***For regular updates of school please visit and follow our Facebook and Instagram page***

ॐ सर्वमंगल मांगल्ये  
शिवे सर्वार्थ साधिके  
शरण्ये त्रयम्बके गौरी  
नारायणी नमोस्तुते !!